If you are feeling unwell

Speak with your doctor about your symptoms.

1 STEP Seeing your family doctor



Family doctors coordinate your tests and referrals.

Family doctors play an important role in:

- Understanding your symptoms.
- Ordering any tests (like urine, blood, or imaging).
- Connecting you to other health services and specialists (e.g., for a biopsy or surgery).

2 STEP Investigation

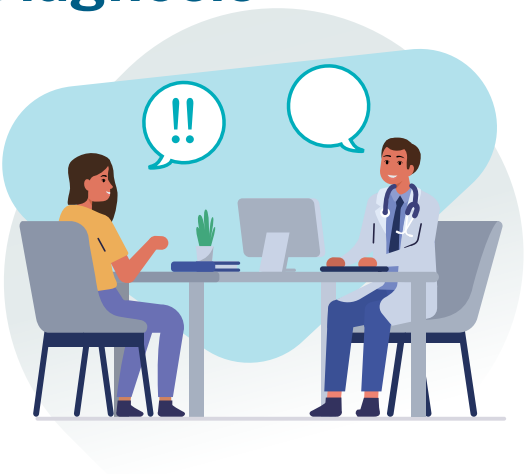


You may have to go to multiple locations for the tests.

- Let your doctor know if you need help to attend appointments.
- Don’t wait to schedule your tests.
- Try to attend your test as soon as possible.

Please refer to the “questions to ask your doctor” section

3 STEP Diagnosis



All the tests help your family doctor understand if there is a problem.

Your doctor will:

- Explain your test results.
- Coordinate any treatment or care.
- Connect you to a specialist if it is needed .

Questions to ask your doctor about your tests

- What is involved in testing?
- What tests are used?
- Who makes the arrangements or appointments for the test?
- Where will the test be done?
- Is any preparation needed for the test?
- Should anyone attend the test with me?
- How long will the test(s) take?
- Who will explain the test results?
- May I have a copy of the test results?
- What happens if the results are abnormal?
- What other tests will need to be done? Why

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811 Health Link
Advice 24/7

Call 811 for help finding a doctor
https://albertafindadoctor.ca/
Interpretation services might be available

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