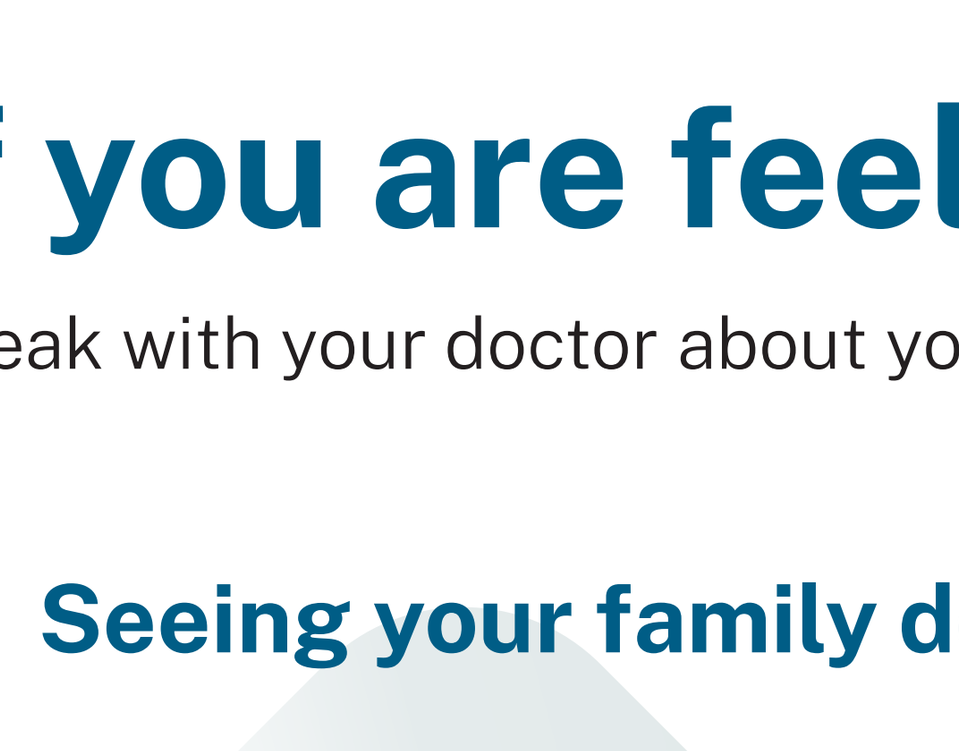
If you are feeling unwell

Speak with your doctor about your symptoms.

1 STEP Seeing your family doctor



Family doctors are the coordinator for your tests and referrals.

Family doctors play an important role in:

- Understanding your symptoms
- Ordering any tests (like urine, blood, or imaging)
- Connecting you to other health services

2 STEP Investigation



You may have to go to multiple locations for the tests.

- Let your doctor know if you need help to attend appointments.
- Don’t wait to schedule your tests.
- Try to attend your test as soon as possible.

Please refer to the “questions to ask your doctor” section

3 STEP Diagnosis



All the tests help your family doctor understand if there is a problem.

Your doctor will:

- Explain your test results
- Coordinate any treatment or care
- Connect you to a specialist if it is needed

811 Health Link
Advice 24/7

Call 811 for help finding a doctor
https://albertafindadoctor.ca/
Interpretation services might be available

CC BY NC ND

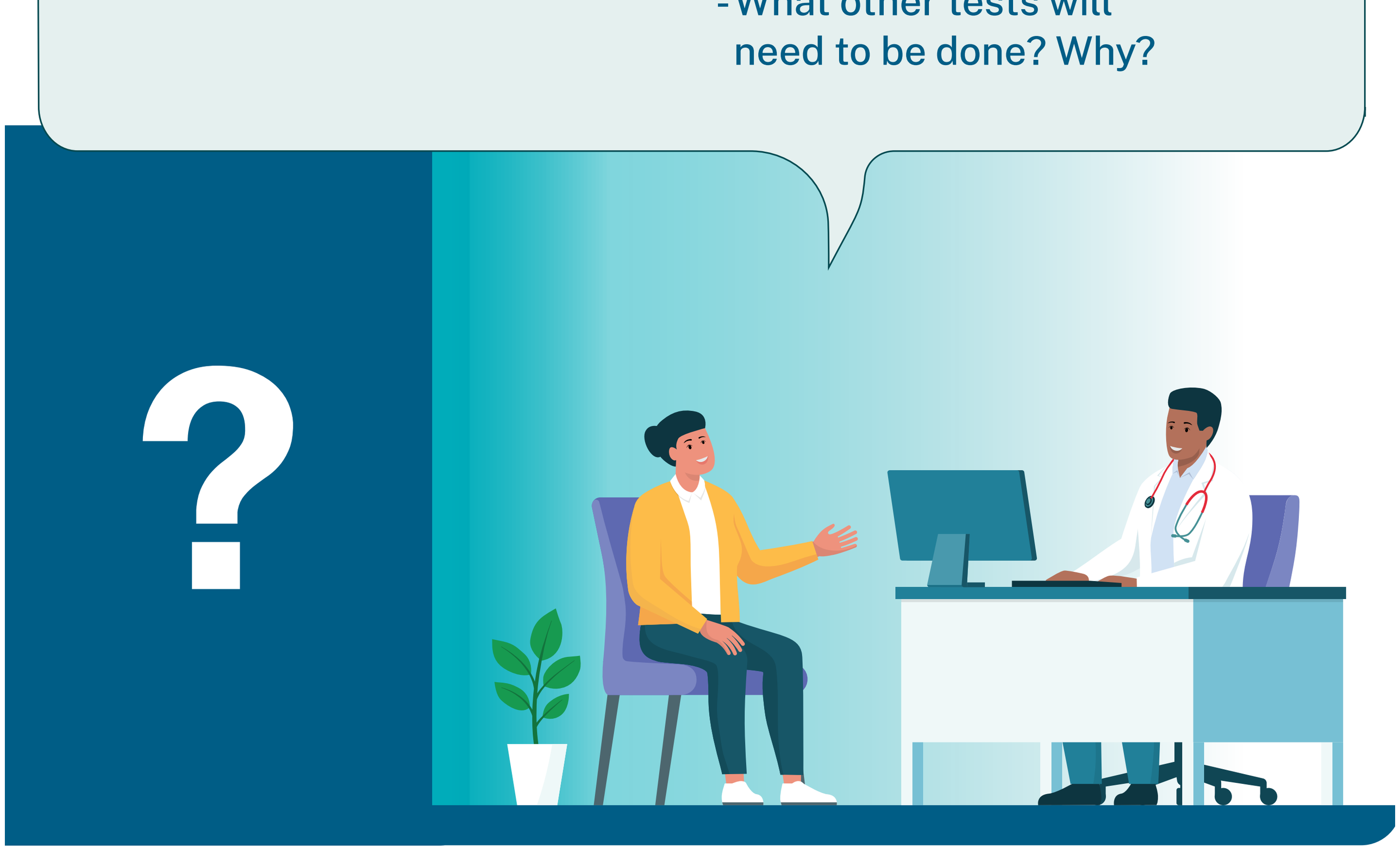
Current as of: Nov, 2026
Author: Cancer Care Alberta, AHS

Alberta Health Services | Physician Learning Program

Exported 17 Nov 2026

Questions to ask your doctor about your tests

- What is involved in testing?
- What tests are used?
- Who makes the arrangements or appointments for the test(s)?
- Where will the test(s) be done?
- Is any preparation needed for the test(s)?
- Should anyone attend the test with me?
- How long will the test(s) take?
- Who will explain the test results?
- May I have a copy of the test results?
- What happens if the results are not normal?
- What other tests will need to be done? Why?



811 Health Link
Advice 24/7

Call 811 for help finding a doctor
https://albertafindadoctor.ca/
Interpretation services might be available

CC BY NC ND

Current as of: Nov, 2026
Author: Cancer Care Alberta, AHS

Alberta Health Services | Physician Learning Program

Exported 17 Nov 2026